



T. BOONE PICKENS YMCA POOL SCHEDULE

August - September 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 6:00 Fitness Swim (4)	5:30 - 7:00 Fitness Swim (4) 6:00 - 7:30 FBA Swim Team	5:30 - 6:00 Fitness Swim (4)	5:30 - 7:00 Fitness Swim (4) 6:00 - 7:30 FBA Swim Team	5:30 - 6:00 Fitness Swim (4)	POOL OPENS AT 7:30 a.m.	POOL OPENS AT 1:00 p.m.
6:00 - 6:45 WATER FITNESS w/Jessica Fitness Swim (6)		6:00 - 6:45 WATER FITNESS w/Jessica Fitness Swim (6)		6:00 - 6:45 WATER FITNESS w/Jessica Fitness Swim (6)	7:30 - 9:00 Fitness Swim (8)	
7:00 - 9:00 Fitness Swim (8)	7:00 - 11:30 Fitness Swim (4) 9:00 - 11:15 Daycare Swim Lessons	7:00 - 9:00 Fitness Swim (8)	7:00 - 11:30 Fitness Swim (4) 9:00 - 11:15 Daycare Swim Lessons	7:00 - 9:00 Fitness Swim (8)	9:00 - 11:30 Swim Lessons (2) Fitness Swim (6)	
9:00 - 11:30 Fitness Swim (4)		9:00 - 11:30 Fitness Swim (4)	10:30 - 12:00 Day Camp Swim	9:00 - 11:30 Fitness Swim (4)	11:30-12:15 WATER FITNESS Fitness Swim (6)	
11:30 - 1:30 Fitness Swim (8)	11:30 - 1:30 Fitness Swim (6) 12:00 - 12:45 Power Punch	11:30 - 1:30 Fitness Swim (8)	11:30 - 1:30 Fitness Swim (6) 12:00 - 12:45 Power Punch	11:30 - 1:30 Fitness Swim (8)	11:30 - 5:30 Fitness Swim (6) Family Swim (2)	1:00 - 5:30 Fitness Swim (6) Family Swim (2)
1:30 - 4:30 Fitness Swim (4)	1:30 - 4:30 Fitness Swim (4)	1:30 - 4:30 Fitness Swim (4)	1:30 - 4:30 Fitness Swim (4)	1:30 - 4:30 Fitness Swim (4)		
4:30 - 6:00 Fitness Swim (4) Family Swim (2) 5:00 - 5:30 Day Camp Swim Lessons (2)	4:30 - 6:00 Fitness Swim (4) Family Swim (2) 5:00 - 5:30 Day Camp Swim Lessons (2)	4:30 - 6:00 Fitness Swim (6) Family Swim (2)	4:30 - 6:00 Fitness Swim (4) Family Swim (2) 5:00 - 5:30 Day Camp Swim Lessons (2)	4:30 - 6:00 Fitness Swim (4) Family Swim (2) 5:00 - 5:30 Day Camp Swim Lessons (2)	POOL CLOSING AT 5:30 p.m.	POOL CLOSING AT 5:30 p.m.
6:00 - 7:00 Fitness Swim (6) 6:00 - 6:30 Swim Lessons (2)	6:00 - 7:00 Fitness Swim (6) 6:00 - 6:30 Swim Lessons (2)	6:00 - 7:00 Fitness Swim (6) 6:00 - 6:30 Swim Lessons (2)	6:00 - 7:00 Fitness Swim (6) 6:00 - 6:30 Swim Lessons (2)	6:00 - 7:00 Fitness Swim (6)		
WATER FITNESS w/Ashlei	AQUA CIRCUITS w/Ashlei	WATER FITNESS w/Ashlei		WATER FITNESS w/Ashlei		
7:00 - 8:00 Fitness Swim (6) Family Swim (2)	7:00 - 8:00 Fitness Swim (6) Family Swim (2)	7:00 - 8:00 Fitness Swim (6) Family Swim (2)	7:00 - 8:00 Fitness Swim (6) Family Swim (2)	7:00 - 8:00 Fitness Swim (6) Family Swim (2)		
8:00 - 9:00 Fitness Swim (4)	8:00 - 9:00 Fitness Swim (4)	8:00 - 9:00 Fitness Swim (4)	8:00 - 9:00 Fitness Swim (4)	8:00 - 9:00 Fitness Swim (4)		
POOL CLOSING AT 9:00 p.m.						

Connect with T.Boone Pickens Aquatics Today!

What swim time best fits your needs?

Fitness Swim	OR	Family Swim
These times are designated for lap swimmers and water fitness.		These are times when the pool is open for children to swim.

For questions or comments please contact,

Aquatics Director: Bradley Dance, bdance@ymcadallas.org or 972-560-3888