

MAKING A DIFFERENCE

YOUTH SWIM

At the YMCA we believe inability to pay the full fee should never be a barrier for safety. The YMCA Urban Swim initiative removes this economic barrier by offering swims lessons at low to no cost.

To date more than 11,000 kids have received free or reduced lessons.



SWIM ACADEMY

The YMCA Urban Swim Academy is designed to increase the number of minority youth that are certified as lifeguards and trained to save lives in pools, lakes and waterfronts.

To date more than 84 youth have received their lifeguard certification.



STUDENT SWIM

Through a partnership with DISD, students in select schools receive swim lessons during their school day. This program increases water safety awareness and swimming skills. Upon completion, participants receive a certificate and a family membership to the YMCA.

To date more than 2,350 youth have participated in the YMCA Student Swim program.



Learn how you can help us spread this program to more youth in the Dallas community. Visit www.ymcadallas.org/urbanswim or call 214-880-9622.

YMCA URBAN SWIM INITIATIVE



According to the Centers for Disease Control and Prevention, drowning is the second leading cause of accidental death among children.



Addressing Water Safety in Minority Communities

Nearly 60% of minority children can't swim and are almost 3 times more likely to drown.* Safety in and around water is an important issue for all children, but studies show that there is a disproportionate number of drownings among minorities. As a result, the YMCA of Metropolitan Dallas has established the Urban Swim Initiative that focuses on decreasing the number of swim related fatalities in minority communities.

*Statistics taken from University of Memphis's Department of Health and Sports Sciences study.



Building strong kids since 1885