



T. Boone Pickens YMCA

We build strong kids, strong families and strong communities.

- A GAME consists of 25 points (rally scoring). If the score is tied at 25 all, then a team must have an advantage of 2 points to win.
- A MATCH consists of 3 games. All games will be tabulated to determine a team's win/loss record for the season.
- The winner of a coin flip/paper rock scissors will have the choice of serving first or choosing a particular side of the court.
- 55 minute time limit for all matches. If a game is tied when the clock runs out, the game will be recorded as a ½ win, ½ loss. If one team is ahead even by one point when time is up, that team will receive a win for that game.
- ***GAME TIME is forfeit time. Each team must have a minimum of 5 players to start a game.***
- **FORFEIT RULE: Only the first game of the match will be forfeited at game time. The second game will be forfeited 15 minutes after game time. The third game will be forfeited thirty minutes after said game time. Example is as follows:**

IF GAME TIME IS 7:00 PM	FIRST MATCH	FORFEIT TIME
	Game 1	7:00 PM
	Game 2	7:15 PM
	Game 3	7:30 PM

Teams that forfeit six or more (individual) games, due to the lack of Players, will be eliminated from the remainder of the league.

- ***A DOUBLE FORFEIT will occur when neither team has 5 players.***
- ***THE BALL MUST BE SERVED*** behind the end line and may be hit over hand or under hand.
- **Players on the serving team must rotate clockwise, except for the first serve per game per team.**

- **Only 1 trial is allowed per serve. The ball must land within the opponent's court. If the ball touches the net, and then goes over, the serve is good.**
- **The team receiving the serve *MAY NOT BLOCK THE BALL AT THE NET*. A point will be awarded if a serve is "blocked".**
- **A ball landing on the boundary line is considered "IN".**
- **If the ball touches a basketball goal, wall or the divider curtain, the ball will be ruled "dead". The ball *MAY* be played off the ceiling on your side of the court.**
- **One team may play the ball only 3 times in a volley.**
- **If a ball touches a player or a player touches the ball, he/she is considered the player of the ball.**
- **In returning the ball, a player may follow through over the net, providing he/she first contacts the ball on his/her side of the net. Player in the act of blocking may reach across the net, but may not contact the ball there until the opponent has hit the ball to return it.**
- **It is a foul to touch the net or to step over the center line.**
- **Holding or throwing the ball while it is in play is a foul.**
- **The ball cannot be kicked for any reason.**
- **Each team will receive 1, 30 second time out per game. Time outs do not carry over, if not utilized.**